



NORTHWEST FIRE DISTRICT

Candidate Physical Ability Test (CPAT)

Orientation Sessions and Timed Practice Waiver Form

I understand that the Northwest Fire District is offering two CPAT Orientation sessions within the eight (8) week period preceding the test. I understand that, during these sessions, candidates will receive "hands-on" familiarity with the test apparatus and receive guidance on specific conditioning regimens and techniques to help them prepare for the test. I also understand that Northwest Fire District offers the opportunity for candidates to perform two (2) timed practice runs of the CPAT. I acknowledge that Northwest Fire District is making these practice sessions available on the following dates to all candidates on an equal basis.

CPAT Orientation #1:

_____ I expressly waive, on a knowing and voluntary basis, the opportunity to participate in CPAT Orientation #1 offered by Northwest Fire District.

_____ I would like to participate, on a knowing and volunteer basis, the opportunity to participate in CPAT Orientation #1 offered by Northwest Fire District.

CPAT Orientation #2:

_____ I expressly waive, on a knowing and voluntary basis, the opportunity to participate in CPAT Orientation #2 offered by Northwest Fire District.

_____ I would like to participate, on a knowing and volunteer basis, the opportunity to participate in CPAT Orientation #2 offered by Northwest Fire District.

CPAT Timed Practice #1:

_____ I expressly waive, on a knowing and voluntary basis, the opportunity to participate in CPAT Timed Practice #1 offered by Northwest Fire District.

_____ I would like to participate, on a knowing and volunteer basis, the opportunity to participate in CPAT Timed Practice #1 offered by Northwest Fire District.

CPAT Timed Practice #2:

_____ I expressly waive, on a knowing and voluntary basis, the opportunity to participate in CPAT Timed Practice #2 offered by Northwest Fire District.

_____ I would like to participate, on a knowing and volunteer basis, the opportunity to participate in CPAT Timed Practice #2 offered by Northwest Fire District.

Candidate Name:	
Address:	City, State, Zip
Candidate Signature:	Date:

